Student Physical Exam

Date of Physical Exam must be within one year of arrival to Grinnell College (After August 2023). **Athletes** must have a physical exam after April 1, 2024 per NCAA requirements.

This form must be signed and dated to be accepted. Since this student has already been accepted for admission, the information supplied will not affect their status and will be used only as background for providing any needed care by Student Health and Wellness and/or Athletics. This information will not be released to any requesting party without the student's written consent. **This form, along with a copy of the student's immunization record, and TB Form if applicable, should be given to the student who will return it to the College.**

Legal Name:		
Last	First	Middle Initial
Name-In-Use:		
Last	First	Middle Initial
Date of Birth: (month/day/y	/ear)	
Sex assigned at birth: □Female □Male	Legal Sex: □Female □Male	
Gender Identity: □Female □Male □Genderquee	er	□Non-binary
Pronouns: \Box she/her/hers \Box he/him/his \Box th	ey/them/theirs 🛛 other	

To be completed by primary care provider.

To the Examining Physician: Please review the student's report and complete this physician's form. No other form will be accepted.

DATE OF EXAM:_____

Blood Pressure: ______ Weight: _____ Height: _____

Are there any abnormalities of the following systems?

	No	Yes	Describe fully
Head, Ears, Nose, or Throat			
Respiratory			
Cardiovascular			
Hernia			
Eyes			
Genitourinary			
Musculoskeletal			
Metabolic/Endocrine			
Neuropsychiatric			
Skin			



Is the patient under the care of a medical specialist for any medical condition?	□Yes	□No	
If yes, please explain:			
Is the patient under treatment for any psychological condition?	□Yes	□No	
Diagnosis:			
Do you have any recommendations regarding the care of this patient?	□Yes	□No	
Recommendations for physical activity/athletics:		nited	— — □Limited
Explanation:			
Medications: <i>(please list below)</i>			
Allergies: <i>(please list below)</i>			_

A complete immunization record must accompany this form. Please confirm that the student has received all required immunizations. NOTE: Meningococcal B is a newer vaccine and is required. We recommend Bexsero as it only requires 30 days between doses.

Physician's Signature:	
Practice Name:	
Practice Address:	
Practice Phone Number / Fax Number: /	

REQUIRED Immunizations

Please attach documentation of the immunizations. Students will need to enter this data into the student health portal. Please note, if you require a second dose of any immunization, you will need to supply documentation of this dose to SHAW. If your doctor's office does not have this immunization, we suggest contacting your local Public Health Department or local pharmacy. International students whose countries do not provide certain immunizations will have an opportunity to schedule needed vaccines upon arrival. Requests for exemption can be sent to shaw@grinnell.edu.

Measles/Mumps/Rubella (MMR)

MMR is a 2 dose series. First dose must have been received after 12 months of age to qualify

Meningococcal Quadrivalent (A, C, W, Y)

Last dose must have been within the past 5 years or August of 2017.

● Menactra ● Menveo ● Men ACWY

Serogroup Meningococcal B

New requirement as of 2019. Must receive 2 doses.

• Bexsero (2 dose series, 30 days between doses) doses)

Tetanus, Diphtheria, Pertussis

Last dose must have been within 10 years or August of 2012

● Td ● Tdap

Varicella

Varicella is a 2 dose series. First dose must have been **after** 12 months of age to qualify If you had the chicken pox disease, a physician **must** verify the date of disease (month/day/year) to eliminate the need for vaccination. *Titers can be obtained as proof of immunity. NOTE: Laboratory results of titers must accompany this form.*

Tuberculosis Screening *See next page for details

*Screening lab tests are not covered by insurance. Students are responsible for the cost of testing.

RECOMMENDED Immunizations

- Hepatitis A Vaccine
- Hepatitis B Vaccine
- Human Papillomavirus (HPV) Vaccine
- Polio Vaccine
- COVID-19

Grinnell College **strongly** encourages all students to be fully vaccinated (including a booster dose)

• Trumenba (2 dose series, 6 months between





Tuberculosis Screening

Please complete the <u>online</u> Tuberculosis Screening from.

As some students may be going to a physician before they complete the form, the questions are provided here.

If you answer yes to any of the below questions, you will need the Clinical Assessment Form (see *next page*).

- 1. Have you ever had a positive Tuberculin skin test (PPD)?
- 2. Have you had close contact with someone who was diagnosed with Tuberculosis? Close contact is defined as having shared air space with an individual with Tuberculosis in an indoor setting for more than 15 hours per week.
- 3. Were you born in one of the countries listed below AND arrived in the U.S. within the past 5 years?
- 4. Have you traveled or lived for more than 1 month in one or more of the countries listed below? If yes, please check the country below.
- 5. Have you ever been vaccinated with BCG?
- 6. You have spent significant time (over 30 days??) in one of the below countries in the last 5 years.

World Health Organization (WHO): List of High-Risk Tuberculosis Exposure Countries

Afghanistan, Algeria, Angola, Argentina, Armenia, Azerbaijan, Bangladesh, Belarus, Belize, Benin, Bhutan, Bolivia (Plurinational State of), Bosnia and Herzegovina, Botswana, Brazil, Brunei Darussalam, Burkina Faso, Burundi, Cabo Verde, Cambodia, Cameroon, Central African Republic, Chad, China, China, Hong Kong Special Administrative Region, China, Macao Special Administrative Region, Colombia, Comoros, Congo, Côte d'Ivoire, Democratic People's Republic of Korea, Democratic Republic of the Congo, Djibouti, Dominican Republic, Ecuador, El Salvador, Equatorial Guinea, , Eritrea, Eswatini, Ethiopia, Fiji, Gabon, Gambia, Georgia, Ghana, Guatemala, Guinea, Guinea-Bissau, Guyana, Haiti, Honduras, India, Indonesia, Iraq, Kazakhstan, Kenya, Kiribati, Kyrgyzstan, Lao People's Democratic Republic, Lesotho, Liberia, Libya, Lithuania, Madagascar, Malawi, Malaysia, Maldives, Mali, Marshall Islands, Mauritania, Mexico, Micronesia, Mongolia, Morocco, Mozambique, Myanmar, Namibia, Nauru, Nepal, Nicaragua, Niger, Nigeria, Niue, Pakistan, Palau, Panama, Papua New Guinea, Paraguay, Peru, Philippines, Qatar, Republic of Korea, Republic of Moldova, Romania, Russian Federation, Rwanda, Sao Tome and Principe, Senegal, Sierra Leone, Singapore, Solomon Islands, Somalia, South Africa, South Sudan, Sri Lanka, Sudan, Suriname, Tajikistan, Thailand, Timor-Leste, Togo, Tunisia, Turkmenistan, Tuvalu, Uganda, Ukraine, United Republic of Tanzania, Uruguay, Uzbekistan, Vanuatu, Venezuela (Bolivarian Republic of), Viet Nam, Yemen, Zambia, Zimbabwe

					Student Health and Wellness			
Stu	dent Name:				Date of Birth:// MY			
		Last	First	Middle	M D Y			
	<u>C</u>	linical Tuberc	ulosis Assessm	ent by Health	<u>Care Provider</u>			
			the questions on the C dical provider. Please		Screening Form, are required nth, Day, Year.			
1.	1. Does the student have signs or symptoms of active pulmonary tuberculosis disease							
		🗆 No -	If No, proceed to 2 of	r 3				
	lf yes, che							
	 Cough (especially if lasting for 3 weeks or longer) with or without sputum production Coughing up blood (hemoptysis) Chest pain Loss of appetite Unexplained weight loss Night sweats Fever 							
			ation to exclude active x-ray, and sputum eva		0			
2.	TST result sho	ould be recorded a		nm) of induration (h	f entrance to Grinnell College. ard, dense, raised formation). If ositive.			
Da	te Test Placed	l://	Date Test Read: _	// Re	esult: mm of induration			
3.	induration. The Quantiferon carries an out c	Testing must be p n Gold blood test ma of pocket cost of \$10	erformed <u>within six ma</u> ay be obtained in Grinne 0 (U.S. dollars).	onths of entrance to	itive TST results ≥ 10 mm of o Grinnell College. not covered by insurance and			
			_ (Month, Day, Year)					
	Specify method: QFT-G QFT-GIT T-Spot other							
	IGRA Resul	t: (The actual lab r	eport is required and v	written or translated	l into English)			
	Negative Positive – All positive IGRA results require a chest x-ray. Stand-alone chest x-ray will not satisfy TB requirement. Student is required to submit a copy of the translated IGRA laboratory results to Grinnell College.							
4	4. Chest x-ray: Required if IGRA laboratory result is positive.							
	Date of Ch	est x-ray:/	/ (Month, [Day, Year)				
	Result: Normal Abnormal (seek immediate medical attention) All Chest X-Rays must be from the us and within the last 90 days.							
5	5. Did the student receive treatment?							
	lf yes, what regimen was	medication s prescribed?						
	Date treatme	ent started:						
	<u> </u>				/			
	Date treatme	ent completed:	DATE OF EXAM:					